



TELLTALE

Lochaber Yacht Club
March - April 2006

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Editorial

Hia,

Panic has abated and I am settling down to coping with being a little late, I have had practice.

Hamish has sent in reports on the Thursday club. The only time I popped in I was set to work with a broom and earned a cup of coffee.

The results are very impressive, it's beginning to look posh and the rest of us owe the crew a lot more than a cup of coffee, come to the Fitting out Supper and see for yourselves. Bob's address is on page 2 for tickets or any

other Committee Member, £10,(£7.50 Juniors).

We are now a part of The Outdoor Capital of the UK.

Read all about an amazing opportunity on page 2

There should have been more pictures, but bearing in mind that I had to find my way round a new, highly sophisticated, Mac Operating System, I don't think I've done too bad. For example; I nicked the dinghy from Hamish's poster and put the mast and sheets back and look -Britt (sorry had to drop the pics. - sub-editor)

What's on

The Fitting out Supper

1 April (no Joke) 7o'clock for 7:30
in the Clubhouse.

Talk by Geoff Monk on
"Weather for Sailors"

Frostbite Shield

only for hardy dinghy sailors!
14:00 Sunday, 2 April

Dinghy Points Series

starts on
Wednesday 5th April

Keelboats Points Series

Starts on
Monday 1st May

The Thursday Club

Do a turn with a broom at least and
earn yourself a cup of coffee on
market day.

The crac, soup and scones are good
too.

-Urgent-Urgent-Urgent-

MEMBERSHIP and HANDBOOK

The annual membership subscription is
now overdue so treasurer, Bob Aitken,
would be pleased to receive your
cheque as soon as possible, please.
Also payment of dinghy-storage and
race fees are now due.

As always, members details in the
handbook run a bit in arrears due to
print deadlines

R.A. Aitken

Kinlochmore Cottage

Kinlochleven

Argyll PH50 4RE

Tel 01 855 831 357

kmorerj@talk21.com

Bob will also send you a ticket for the
Fitting out Supper if you ask -

**LYC Beginner and Improver courses
2006**

The Club will be running an RYA level 2 Dinghy Sailing Course over **2 Weekends;- 22/23 and 29/30 April and two Thursday evenings 20th and 27th April.**

This is an ADULTS beginner's course. If you are a member of the club, the cost of the course will be £35 (covers the cost of Safety Boat Fuel, Handbooks and Certificates).

If you have not yet joined then £68 will cover

your membership for the rest of the year

and the costs of the course.

Perfect attendance is strongly recommended

Full information and application form on page 5

Poster to send or print for may be interested

friends on page4. Both on separate attachments.

RYA Diesel Maintenance Course

Lochaber Yacht Club

Sat 25 March 2006

10:00-17:00

The course runs through the RYA approved diesel Syllabus and covers routine maintenance for yachts and cruisers. It also covers emergency repairs and tips to prevent problems in the first place including fuel filters, bleeding, cooling , oil, impellers, tappets. There is a video and demonstration engine on a trailer. The cost is £50 and £7.50 for the course book. The tutor is Pat MacLean who is a keen yachtsman from Oban and previously Cox Mechanic for Oban Lifeboat. Limited places are available so bookings as soon as possible to:

Jim Douglas <jd@jdm Douglas.co.uk>

Tel 01397 703727.

Bob Aitken has also agreed to circulate the Achintore Mooring

Owners Association list and the

invitation is also open to the Glencoe

Boat Club if Bob has a

list for them as well,

Editors Wish list

Lots of pictures, please, of anything loosely or otherwise connected to the club, sailing, boating or the sea.

Chris I know, took a picture of the launching last week, because Hamish reported it in his bulletin. So where is it?

Lots of Attachments, I like attachments, particularly when they are **not** separated from instructions regarding the news item encased in the said attachment. As it is the sailing course for adult beginners is occupying 2.5 pages. I can't help thinking that some of the emails are not for TellTale, but for me as a member of the Yacht Club. I get very confused when I get two attachments the same; one might be for me and the other for TellTale.

There was something else, but I have forgotten what it was.

- Britt ☺

Nominations for West Highlands and Islands Sailing Clubs Association executive.

In accordance with our Constitution, please note that nominations are now required for the under noted seats on our Executive (the maximum number of Elected Members is four). You are therefore invited to nominate any suitable persons - nominations made by email **are** acceptable. The meeting, as

you are probably aware, takes place in Fort William on Saturday 18th March so nominations should be in by 28th February so that they can be included with the Notice of Meeting.

We would prefer not to have to take nominations from the floor, or make subsequent co-options!

The Executive currently consists of the following:

Chairman-Hamish Loudon *Lochaber YC*-retiring

Vice-Chairman: Bob Clement *Royal Highland YC*

Secretary & Treasurer - Ian Wallace *Oban SC*

Elected Members - Tom Grant *Campbeltown SC*

Maitland Murray *Clyde Corinthian YC*

Iain Young *Glencoe BC*.

All members are eligible for re-election to any office.

Papers calling the meeting will be sent out by post by 4th March. Please give your future representation on WHISCA very careful consideration.

I look forward to hearing from you.

Felicitations,

Ian Wallace

Hon. Secretary, WHISCA

01631 566104 or 07876 338727

We, Lochaber Yacht Club, are already a part of The Outdoor Capital of the UK and we are listed on the website www.outdoorcapital.co.uk. Check it out.

The Outdoor Capital of the UK is a community focused initiative run by a limited company with a board of 15 unpaid directors. Its objective is to promote the area of Fort William and Lochaber as the country's top spot for outdoor activities with a view to developing local jobs, wealth and encouraging sustainable economic growth. For further information contact: Jenny Lewer 01397 705765 jenny@outdoorcapital.co.uk

Encouraging Success in the Highlands

The Outdoor Capital of the UK Company has pulled together an amazing opportunity for the people of Lochaber and the wider Highlands, by arranging to bring top personal and corporate development coach Jack Black, to give a special 2-day seminar in Fort William on 27th and 28th March.

Everyone can benefit from this seminar from local businesses to volunteer groups, sports clubs to school children. Account will be taken of particular issues that affect Highland people and organisations. Jack has experience in this area,

having successfully worked on a similar project in Cornwall, helping realise the ambitions of their community with great success.

Jack's development techniques provide a way to set and achieve big goals. His methods have been used by thousands of people and companies around the world, including world-class athletes and business leaders. Some of the many advantages of this event include: positivity, energy and optimism

- ° Learn how to initiate and maintain a positive, energetic outlook, no matter what challenges you face.

- ° Stress management: Proven techniques for mental and physical relaxation.

- ° Goal-setting: A radical approach to setting and achieving goals that will inspire and motivate you.

- ° Advanced communication techniques: Techniques to help you interact and communicate effectively with everyone in your life.

Charlotte Wright Chief Executive of Lochaber Enterprise enthused "The OCUK Company have done a great job in pulling off this coup. Very rarely will we get a chance to attend such an inspirational event in the Highlands and I am delighted we are leading the way in Lochaber. We had no hesitation in supporting the initiative as it hits all our targets on personal development and leadership. There are benefits for

the whole community. It is very exciting"

Anna Trafford, Project Director of the Outdoor Capital of the UK said "This is a fantastic opportunity for Lochaber to aim high and achieve more. We are really proud to be hosting this exciting event."

This event has received excellent support from Lochaber Enterprise, European Social Fund and local business.

To find out more about the 27th & 28th Event or to book tickets contact the Outdoor Capital of the UK Company.

Tel. 01397 705765

info@outdoorcapital.co.uk

www.outdoorcapital.co.uk

Thank you for your patience - keep in touch

britt@brittknit.freeseve.co.uk

Britt Kisby

Røysa

Monument Park

Strontian PH36 4HZ

01967 402473

*From Secretary (& sub-editor) Chris-
rather late but this is your Committee
(and a few extras)for the year :-*

Commodore - Richard Rumney

Vice Commodore - PeteHyde

Secretary - Chris Strong

Treasurer - Bob Aitken

Dinghy Sailing Convenor, Training Co-ordinator - Brian Fallows

Keelboat Sailing Convenor - Liz Loudon

Safety Boat Maint. - Chris Strong

Regatta and Open Events Co-ordinator- Pete Hyde (& Liz)

WHISCA rep. - Hamish Loudon

Cruising events - Jim Douglas

Club Property Maint. - Harry Jeffery and Brian Fallows

Club Property Development - Richard Rumney

Dinghy Park & Club Boats mngmnt and maint. Adrian Hope & Jim Shearer

VHF Radio management and maintenance - Martin Faulkner

Catering and Social Events - Beryl Austin & Liz Loudon

Club Handbook - Ian Fleming, Keith Falconer

Telltale - Britt Kisby

Publicity - Robbie Robertson

Junior Reps. - Dawn MacRae, Alistair Shepherd

Safety Boats- Pioner "LochEil" is

afloat with new engine (be careful -

running in for first 10 hours) and RIB

"Loch Linnhe" is ready to go.

**DO YOU KNOW
ANYBODY WHO
WANTS TO LEARN TO
SAIL ?
PLEASE PASS ON THIS
INFO
LYC**

**Beginner and improver
courses**

The Club will be running an RYA level 2 Dinghy Sailing Course over 2

Weekends, 22/23 April & 29/30 April and 2 Thursday evenings.

The first muster will be Thursday 20 April. This is a beginners course for ADULTS.

If you are a member of the club, the cost of the course will be £35 (covers the cost of Safety Boat Fuel, Handbooks and Certificates). If you have not yet joined then £68 will cover your membership for the rest of the year and the costs of the course.

It is recommended that all parts of the course are attended.

With enough interest an improvers course will follow on immediately after the Level 2 course (on Thursday evenings). There will also be race training later in the year,

again if there is sufficient demand.

A limited amount of sailing kit is available but it would be convenient if you could provide yourself with warm clothes, waterproofs, a buoyancy aid and a wetsuit.

The course will be limited in numbers and places will be allocated on a first come first served basis.

If you would like to take part please contact:

Hamish Loudon, Molendinar, Argyll Road,

www.lochaber-yacht-club.co.uk

www.lochaber-yacht-club.co.uk

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If you are a member of the club, the cost of the course will be £35 (covers the cost of Safety Boat Fuel, Handbooks and Certificates). If you have not yet joined then £66 will cover your membership for the rest of the year and the costs of the course. Perfect attendance is strongly recommended.

With enough interest an improvers course will follow on immediately after the Level 2 course on Thursday evenings. There will also be race training later in the year again if there is sufficient demand.

A limited amount of sailing kit is available but it would be convenient if you could provide yourself with warm clothes, waterproofs, a buoyancy aid and a wetsuit.

The course will be limited in numbers and places will be allocated on a first come first served basis.

If you would like to take part complete the following form and send it to:
Hamish Loudon, Molendinar, Argyll Road,
Fort William PH33 6LF Tel 702370
E-Mail hamish@loudon.sol.co.uk

Lochaber Yacht Club RYA Level 2 Dinghy Sailing Course

Name:
.....
.....

Address:
.....
.....

Phone:
Email.....

Enrolment fee - existing member (£35):
..... (Please enclose)
- New member (£68)
..... “ “

Next of kin or friend to be contacted in the case of an emergency:

Name:
.....
. Phone:

If you cannot swim 50 metres or have a medical condition, which could affect your health or safety, please indicate below. These will not preclude you from the course but we need to know in case special arrangements need to be made for your safety.

I can/cannot swim 50 metres

I have the following medical condition(s):.....

Thank you for considering taking part in the LYC 2006 Beginners’ Training Course. I’m sure you will thoroughly enjoy it and will go on to become an active member of the club.