Lochaber Yacht Club
Osprey Scottish & Northern Championship
Tuesday 2nd May – Wednesday 3rd May 2023

Sailing Instructions

1. **Rules**. The event will be governed by The Racing Rules of Sailing 2020-2024, the prescriptions of the RYA, and class rules as appropriate, except as any of these are changed by the sailing instructions.

2. **Eligibility and Entry**. Eligible Boats may enter online or on site and payment should be made to Lochaber Yacht Club.

3. **Safety**. Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during or after the regatta.

   Adequate personal floatation devices will be worn at all times when afloat. Neither wet suits, nor dry suits constitute adequate personal buoyancy.

4. **Insurance**. Each boat shall have adequate third party insurance for an amount of at least £3,000,000.00.

5. **Communications**. Notice to Competitors will be posted on the club notice board or on a board next to the main door.

6. **Changes to the Sailing Instructions** will be announced by flag L being displayed at the club at least 1 hour before the scheduled start of a race.

7. **Start times**

   > Tuesday 2nd May
   >
   > > Briefing 1000
   > > Race 1 Start 1100
   > > Race 2 on completion race 1
   > > Race 3 Start 1430
   > > Race 4 on completion race 3   This race may start if the forecast for Wednesday indicates that racing may be doubtful. Watch for the signal flags.
   >
   > Wednesday 3rd May
   >
   > > First Race start 1100
   > > Second race start on completion first race
   > > Third race start on completion of the second race
   > > There will be no start after 1500

8. **Racing Area.** The racing area will be as shown in the diagram below

9. **Courses**. Courses will be displayed on boards from the clubhouse race box. Green = Leave marks to starboard, Red= Leave marks to port

10. **Marks**. Marks will be 250 litre drums positioned as illustrated in the diagram below. Some marks may have an inflatable buoy attached to aid visibility. If a mark goes missing a safety

boat flying flag M may be used in lieu of a mark.

11. **The Start**. The start line will be between the club flagpole and mark A or between a committee boat and a mark of the course.In the former case there will be a yellow inner distance mark, which boats should not pass inshore of at the start.

12. **Starting Sequence**. Races will use the starting procedure of 5-4-1-Start.

13. **Flag**. The Osprey class flag will be used where available, otherwise flag H

14. **Shortening the Course.** When the course is shortened at the club the finish shall be between the club flag staff and Mark A, mark A being in the correct sequence of the course. When the course is shortened at a safety boat the finish shall be between the safety boat and the nearby Mark, the mark being in the correct sequence of the course.

15. **The Finish**. The finishing line will be between the club flag staff and Mark A or between the safety boat and the adjacent mark.

16. **Time Limit**. The time limit will be twenty minutes after the first boat finishes. Boats failing to finish within the time limit will be scored "Did not Finish" This changes rule 35

17. **Retirals and Declarations.** A declaration is required from boats that have retired from the race. A retiral sheet on the notice board must be signed within one hour of finishing.

18. **Scoring**. The system to be used will be as in RRS Appendix A 4.1 using the Low Points system. If four or more races are completed one discard will be allowed.

19. **Protests**. Protests shall be written on forms available at the race office and delivered there within 45 minutes after the time of the last boats finish in the final race of the day. The time and place of any protest hearings will be posted at the notice board.

20. **Prize giving**. Will be held in the clubhouse as soon as reasonably practicable after the last race on 3rd May.

LYC COURSE MARKS